



# RED DEER CANCER CONNECT

Cancer Connect is an informal gathering over coffee, tea and snacks open to any adult participants living with cancer—those diagnosed and caregivers/supporters.

Facilitated by a Wellspring Alberta program leader and in collaboration with the Red Deer Public Library, these sessions offer a safe space to connect with others on a similar path and learn strategies for supporting the mind, body and spirit.

**Cost:** Free

**Where:** Red Deer Public Library  
Dawe Branch  
56 Holt Street, Red Deer  
Free parking available

**When:** Every first Tuesday of the month from 12-1:30pm  
& every third Tuesday of the month from 5-6:30pm.

**Who:** Adults living with cancer—both those diagnosed and caregivers



Scan the QR code to register or call 1-866-682-3135