



# LETHBRIDGE CANCER CONNECT

Cancer Connect is an informal gathering over coffee, tea and snacks open to any adult participants living with cancer – those diagnosed and caregivers/supporters.

Facilitated by a Wellspring Alberta program leader, these sessions offer a safe space to connect with others on a similar path and learn strategies for supporting the mind, body and spirit.

**Cost:** Free

**Where:** Lethbridge Family Services  
1098 3rd Avenue North

Free Parking available. Enter through the Counselling, Outreach and Education doors and check in with reception.

**When:** 10 - 12pm | Every third Friday of the month

**Who:** Adults 18 years and older living with cancer - both those diagnosed and caregivers

To register, visit: [wel.gametime.net/cne/public/list](http://wel.gametime.net/cne/public/list) or call 1-866-682-3135