



RED DEER CANCER CONNECT

Cancer Connect is an informal gathering over coffee, tea and snacks open to any adult participants living with cancer – those diagnosed and caregivers/supporters.

Facilitated by a Wellspring Alberta program leader and in collaboration with the Red Deer Public Library, these sessions offer a safe space to connect with others on a similar path and learn strategies for supporting the mind, body and spirit.

Cost: Free

Where: Red Deer Public Library
Dawe Branch
56 Holt Street, Red Deer
Free parking available

When: Every first Tuesday of the month from 11-12:30pm
& every third Tuesday of the month from 5-6:30pm in 2024.

Who: Adults living with cancer
- both those diagnosed
and caregivers

To register, visit: wel.gametime.net/cne/public/list or call 1-866-682-3135