

## Wellspring Cancer Exercise Program Physician Consent Form

### To be completed by applicant

PLEASE PRINT

Please check one of the following: ☐Mr. ☐Mrs. ☐Miss. ☐Ms.

Last Name: \_\_\_\_\_ First \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Telephone: \_\_\_\_\_

Date of Birth (mm/dd/yyyy): \_\_\_\_\_ Age: \_\_\_\_\_ Email: \_\_\_\_\_

### To be completed by physiotherapist (optional)

Treatment

Comments

☐Exercise Program

☐Pain Control

☐Range of Motion

☐Other: \_\_\_\_\_

### To be completed by physician (mandatory)

Our program is available to adults with cancer who have been diagnosed, are undergoing treatment or are in survivorship. We offer our program for 2 sessions per week for 12 weeks. All sessions are led by a physiotherapist, kinesiologist, and/or exercise physiologist.

The following list of criteria must be met for an individual to attend our program:

- Diagnosed with cancer
- Over 18 years of age
- Ability and motivation to participate in an exercise program

Cancer Diagnosis: \_\_\_\_\_ Stage: \_\_\_\_\_

Metastatic Lesion: ☐Y ☐N If yes, indicate location: \_\_\_\_\_

Additional comments/Comorbidities requiring consideration during exercise:

\_\_\_\_\_  
\_\_\_\_\_

I give my consent for the above applicant to participate in the Wellspring Cancer Rehabilitation Program:

Physician Signature

Date

Physician Address: \_\_\_\_\_  
\_\_\_\_\_