

## **Cancer Exercise Program Leader Independent Contract Position**

Wellspring Niagara is seeking an independent professional to provide direct leadership of our Cancer Exercise program.

This is an independent, fee-for-service contract providing program leadership at our centre located at 50 Wellspring Way, Fonthill, ON.

### **Responsibilities**

- Assess new members upon entrance to the program;
- Create personalized exercise program for members;
- Work with other professional leaders and Wellspring Niagara staff to create safety plans for high risk members;
- Lead and manage exercise classes made up of multiple members each working on their own individual programs;
- Keep detailed progress notes, assessment and reassessment and discharge protocols;
- Equipment set up, clean-up and take down as required;
- Record class attendance;
- Program modifications as needed in consultation with co-leaders;
- Supervision and direction of cancer exercise volunteers as necessary;
- Adhere to all policies and procedures outlined in the Wellspring Program Leaders Guide.

### **Required Qualifications**

- A graduate of a recognized **Physiotherapy, Kinesiology, Occupational Therapy or Exercise Physiology** post-secondary institution;
- A member in good standing with the association governing their discipline (e.g. Ontario College of Physiotherapists, College of Kinesiologists of Ontario, Canadian Society of Exercise Physiology);
- Minimum of 3 years of experience working with populations with serious health issues, conditions, or disease;
- Certification in health care professional level CPR, AED and First Aid Training;
- Knowledge of oncology an asset;
- Fluency in English;
- Ability to work in a fast-paced environment;
- Mature, professional demeanor.

Please send cover letter and CV with “**Exercise Program Leader**” in the subject line to:  
Ann Mantini-Celima at [\*\*ann@wellspringniagara.ca\*\*](mailto:ann@wellspringniagara.ca)

Wellspring Niagara is a dynamic, community-based organization making real changes in the lives of individuals and families living with cancer. Wellspring Niagara provides a comprehensive range of professionally-led support, coping skills and health-restoring programs to men, women, and children who are living with cancer. For more information, please visit [\*\*wellspringniagara.ca\*\*](http://wellspringniagara.ca)