



Cancer Exercise Program Leader Independent contract position

Wellspring is seeking an independent professional to provide direct leadership of our Cancer Exercise program.

This is an independent, fee-for-service contract for providing program leadership at our Toronto centre located at 105 Wellness Way, and it may include opportunities to provide our program in other Toronto venues.

Responsibilities

- Assess new members upon entrance to the program
- Create personalized exercise program for members
- Work with other professional leaders and advise Wellspring staff on the creation of safety plans for high risk members
- Lead and manage exercise classes made up of multiple members each working on their own individual programs
- Keep detailed progress notes, assessment and reassessment and discharge protocols
- Equipment set up and take down as required
- Record class attendance
- Program modifications as needed in consultation with co-leaders
- Supervision and direction of cancer exercise volunteers as necessary
- Adhere to all policies and procedures outlined in the Wellspring Program Leaders Guide

Required Qualifications

- A graduate of a recognized Physiotherapy, Kinesiology, Occupational Therapy or Exercise Physiology post-secondary institution
- A member in good standing with the association governing their discipline (e.g. Ontario College of Physiotherapists, College of Kinesiologists of Ontario, Canadian Society of Exercise Physiology)
- Minimum of 3 years of experience working with populations with serious health issues, conditions, or disease
- Certification in health care professional level CPR, AED and First Aid Training
- Knowledge of oncology an asset
- Fluency in English

- Ability to work in a fast-paced environment
- Mature, professional demeanor

Please send cover letter and CV with “**Exercise Program Leader**” in the subject line to:
Manesha Khazanchi at manesha@wellspring.ca

Wellspring is a dynamic, community-based organization making real changes in the lives of individuals and families living with cancer. Wellspring provides a comprehensive range of professionally-led support, coping skills and health-restoring programs to men, women, and children who are living with cancer. For more information, please visit Wellspring.ca.