

YOUR CHILD HAS CANCER.

Everyone in the
family needs
some care.



When a child has been diagnosed with cancer, every member of the family needs care and a helping hand.

Wellspring's Paeds & Parents Programming provides an extensive range of programs and services to help your entire family through this uncertain time, all free of charge.

The child with cancer, his or her siblings, and you as parents, will gain strength by learning how to care for yourselves and each other, physically, nutritionally, emotionally, financially and practically, right from initial diagnosis, throughout the illness and well into aftercare. In addition, online resources are available at wellspring.ca/familyprogramming to help you with advice, suggestions and best practices for talking with and supporting your children.



wellspring family programming

**When a Child
Has Cancer**

You might think about participating in the Paeds & Parents programming if you are the parent of a child with cancer and are looking for help and guidance in talking with, and supporting yourself and your entire family through this difficult and challenging time.

Paeds & Parents Online Educational Guide

An educational guide, providing tips to help you talk with your children about cancer, while managing your emotions and dealing with other life responsibilities. wellspring.ca/familyprogramming

Paeds & Parents Family Counselling

A family counsellor is available to discuss your family's specific needs and circumstances. The counsellor is available at the Wellspring Birmingham Gilgan House in Oakville.

Paeds & Parents Nourish

Proper nutrition is a significant challenge for parents, the child with cancer and for well siblings. Paeds & Parents Nourish is a two-part program with complementary interactive sessions for parents and for the child with cancer and his/her siblings, to address common nutritional challenges.

Paeds & Parents Money Matters Financial Advice Clinic

Cancer has a cost, especially for parents of a child who has cancer. Wellspring's Money Matters program provides access to financial experts to review assets and advise on ways to help you get through while family income is temporarily reduced.

Paeds & Parents Group *(Supported by AMPed for Life)*

The professionally facilitated Paeds & Parents Group provides an opportunity for parents of children with cancer to connect for mutual support, for the sharing of ideas, for discussion and for networking. The childrens group (ages 5-17) is designed to meet the psychosocial needs of children through monthly themed fun therapeutic activities led by professionals. Each evening session begins with a light dinner. Child minding is available for children under the age of 5.

Paeds & Parents Events *(Supported by AMPed for Life)*

Four times a year, Wellspring hosts amazing special events and activities for children with cancer and their families.

wellspring.ca/familyprogramming

Wellspring Birmingham Gilgan House at 905.257.1988

Wellspring Family Programs are generously supported by RBC Insurance.



Insurance