

YOU HAVE CANCER.

Now you have to
tell your children.



When a parent is diagnosed with cancer, the whole family is impacted. Wellspring is here to support the entire family.

Wellspring's Family Programming provides access to a Family Counsellor to help address immediate needs, and an 8-week Parents' and Children's Program brings parents and their children together for networking, education, support and coping strategies for the whole family. In addition, online resources are available at wellspring.ca/familyprogramming to help parents with advice and suggestions and best practices for talking with their children.



wellspring family programming

**When a Parent
Has Cancer**

You might think about participating in Family Programming if you are a parent of dependent children and you are looking for help in talking with and supporting your children through this challenging and difficult time.

Programs for parents with cancer:

Online Educational Guide

A guide for parents on best practices for communicating with and supporting children at wellspring.ca/familyprogramming

Family Counsellor

A professional who specializes in family support can meet to discuss your family's specific circumstances and needs.

Children's and Parents' Program

Dinner and social time are just the start of a special 8-week program that guides parents' and children's understanding of how cancer impacts the family. Each week has a theme and a variety of therapeutic play activities for children so they can have fun with other children while learning about cancer, feelings, worries and support. Parents discuss the same themes so that the conversation and coping strategies can continue at home.

**Children receive a special companion, theirs to keep. Each week, children receive a special badge to reward their accomplishment.*

wellspring.ca/familyprogramming

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Wellspring Family Programs are supported through RBC Insurance Program and AMPed for Life (Team Alex).



Insurance

